Directions to Rahway River Park, Union County Park System Entrance located off Valley Road Clark, NJ

GPS address: 455 Valley Road, Clark, NJ 07065

From Garden State Parkway North or South

Exit 135 Central Ave/Westfield/Garwood

Heading North:

At end of ramp turn right at light and stay to right around circle; follow signs for Valley Road/Linden; take 2nd exit to the right (Mother Seton High School will be on your immediate right; the Holiday Inn will be on the far left).

At the traffic light, cross over Walnut and Broadway and continue straight on Valley Road. You will pass a temple on the right and a school on the left. (This is a very residential section and the speed limit of 25 mph is enforced) Continue about 1 mile when you will go over a small lake/river; turn right onto Parkway Drive into the park. There is a park sign at the entrance. Parkway is a two-lane road for a bit and then becomes one way. Get into the left lane and continue on Parkway to the Walter E. Ulrich Memorial Pool. There will be a yellow van with the hospital logo parked on the left side, the entrance to the pool is just past the van.

The track and field are located behind the pool complex and the tennis courts. You will need to drop off your athletes/equipment in the designated area and park in the pool lot or across the street. There is a paved path to the track and field area.

Heading South:

Exit ramp splits so stay in left lane and stay straight. At 2nd traffic light turn left back under the Parkway; stay in the left lane through next light and bear left after the light then move to right lane to exit (2nd exit to right after light; Mother Seton High School will be on your immediate right; the Holiday Inn will be on the far left). Follow signs for Valley Road/Linden.

At the traffic light cross over Walnut and Broadway continue straight on Valley Road. You will pass a temple on the right and a school on the left. (This is a very residential section and the speed limit of 25 mph is enforced) Continue about 1 mile when you will go over a small lake/river; turn right onto Parkway Drive into the park. There is a park sign at the entrance. Parkway is a two-lane road for a bit and then becomes one way. Get into the left lane and continue on Parkway to the Walter E. Ulrich Memorial Pool. There will be a yellow van with the hospital logo parked on the left side, the entrance to the pool is just past the van.

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From Westfield area: Take Central Ave to Parkway entrances and follow directions above.