

**2016 Tri-State Regional Swim Meet**  
**Sponsored by Children's Lightning Wheels**

Dear Competitor:

The 23rd Annual Tri-State Regional Swim Meet sponsored by Children's Lightning Wheels will be held on Saturday, March 5, 2016, at the Sonny Werblin Recreation Center on the Busch Campus of Rutgers University in Piscataway, New Jersey.

This meet is being run in cooperation with the Tri-State Wheelchair Athletic Association. **Please note: this is the swim event for the Tri-State Regional Games.** As a reminder this meet is for juniors and adults. Some details of how the meet will be run are listed below:

- This meet will be run according to Adaptive Sports USA, and IPC rules.
- This meet is recognized as a qualifier for Junior Nationals.
- This meet is sanctioned by Adaptive Sports USA.

It is recommended that you become a member of Adaptive Sports USA especially if you are planning on competing at Junior Nationals. In order to become a member of Adaptive Sports USA please contact:

Adaptive Sports USA  
P.O. Box 621023  
Littleton, CO 80162  
720-412-7979

or visit their website at [www.adaptivesportsusa.org](http://www.adaptivesportsusa.org)

- Junior age groups are designated by the following divisions: U7, U11, U14, U16, U18, U20, U23. Division is determined by athlete's age as of 12/31/16. For example: DOB = 3/30/2000 is the U18 division.
- Adults will swim in either the Seniors (23 – 39) or Masters (40 and over) Division.
- Result Cards will be presented to all competitors.
- A listing of events appears on the Application Form.
- Please review the enclosed order of events before completing the application
- A 25-yard indoor pool will be used for competition.
- Final results will be available on the Tri State Website within 3 weeks after the meet.  
([www.tswaa.com](http://www.tswaa.com))

Applications with the \$35.00 registration fee are due by Wednesday, February 24, 2016. Checks should be payable to: **Children's Specialized Swim Meet**

*A late fee of \$20.00 will be assessed for each application postmarked after February 24, 2016.*

Send completed Release of Liability/Permission to Photograph form and application with fee to:

Trisha Yurochko, Meet Director  
2016 Tri-State Regional Swim Meet  
Children's Specialized Hospital  
150 New Providence Road  
Mountainside, NJ 07092

If you have any questions, contact me via email: [tyurochko@childrens-specialized.org](mailto:tyurochko@childrens-specialized.org) or by phone (908) 301-5424.

I look forward to seeing you at the meet.

Sincerely,

*Trisha*

Trisha Yurochko, Meet Director

