  

The New Jersey Masonic Fraternity and the Tri-State Wheelchair & Ambulatory Athletics are once again proud to sponsor the 39th Annual Richard Cadmus Disabled Sports Meet. (a/k/a Junior Masonic Regional Meet). Athletic events include track, field, swimming, powerlifting, archery and table tennis. The schedule of events is included in this package. This meet is open to all participants in the Junior Division (ages 6 through age 22). In addition, Masonic meet alumni adults (ages 23 - 34) are invited to participate in the event.

**REGISTRATION:**. *This* is a ***sanctioned qualifying meet*** for athletes in the both the Adult and Junior divisions. This meet is also a qualifier for the National Junior Disability Championships (NJDC),. In order to qualify for NJDC, you must be a member of Adaptive Sports, USA. You can obtain an appropriate Adaptive Sports USA membership application online.

**CLASSIFICATION:** In order to compete in the events, you must be classified in each respective sport you wish to compete in. Classification for Tri-State will not formally be held at the Junior Masonic Meet, however will be held as follows:

1. For swimmers, classification will be held at the Tri-State/Children's Specialized Hospital Swim Meet on Saturday, March 5, 2016

2. For all other sports, classification will be held at the Tri-State Games, May 27 - 28 at Hillsdale High School, Hillsdale, NJ

Those not being formerly classed will receive a "regional classification" on the day of the meet.

**REGISTRATION:** The meet registration for the entire weekend events is $30.00. The registration can only be completed online at the following site: [**https://www.simplyregister.net/register/?e=108225**](https://www.simplyregister.net/register/?e=107599)

***Registration will close at 12:01 am Monday, May 30, 2016. Registration will not be available after that time, either online, by mail or in person.***

Please note: If the inability to pay the fee would prevent you from competing, an explanatory letter requesting to waive the fee should be included with your application and will be reviewed by both the Meet Director and Meet Chairman.

**APPLICATION DEADLINE DATE: *must be received online by May 30, 2016. No applications will be considered after that date. Tri-State reserves the right to eliminate events based on enrollment as of May 30.***

**HOUSING:** There are several hotels in a 5 mile radius of North/South Brunswick High School. The following is a selected listing:

|  |  |
| --- | --- |
| Hampton Inn841Georges Rd.North Brunswick, NJ 08902(732) 246-3555 | Brunswick Hotel2880 Route 1 NorthNorth Brunswick, NJ 08902(732) 297-7400 |
| Staybridge Suites2195 US Highway 1 SouthNorth Brunswick, NJ 08902(800) 225-1237 or (732) 940-2250 | Days Hotel & Conference Center195 NJ Route 18East Brunswick, NJ 08816(732) 828-6900 |

**AWARDS:** Award medals will be distributed. In addition, trophies will be awarded for the outstanding male and female athletes, coaches’ awards and sportsmanship awards.

**MEALS:** A complimentary lunch will be provided for all athletes, parents and siblings on both Saturday and Sunday. On Saturday evening, a dinner will be provided at North Brunswick High School. Please complete the enclosed reservation form if you plan on attending the dinner. ( The dinner meal will be spaghetti and meatballs with a side salad)

# TENTATIVE SCHEDULE OF EVENTS

|  |  |  |  |
| --- | --- | --- | --- |
| **Date**  | **Event** | **Location** | **Time** |
| Saturday, June 4, 2016 | Classification/Registration | Near Gym Area | 7:30 AM |
|  | Field Events | North Brunswick Field Area | 8:30AM – 12:00 PM |
|  | Archery Competition (tentative)  |  | 9:30 AM - 12:00 PM |
|  | Lunch  | North Brunswick HS Cafeteria (Commons) | 12:00 PM – 1:30 PM |
|  | Swimming (includes warm-up) | North Brunswick High School Pool | 1:30 PM - 4:30 PM |
|  | Table Tennis | North Brunswick Auxillary Gym | 3:00 PM - 5:00 PM |
|  | 5000 meter event | North Brunswick Track | 5:00 PM - 6:00 PM |
|  | Dinner/Social | North Brunswick HS Commons | 5:30 PM – 7:30 PM |
|  | Weightlifting  | North Brunswick HS Auxillary Gym | 7:00 PM – 9:00 PM |
| Sunday, June 5, 2016 | Registration ONLY | Crossroads South Track | 7:30 AM |
|  | Track Events –All Day | Crossroads South Brunswick Track | 8:00 AM |
|  | Lunch  | Crossroads South Brunswick Track | 12:00 PM (approx.) |
|  | Awards Ceremony | Crossroads South School |  4:00 PM |

**DIRECTIONS TO NORTH BRUNSWICK HIGH SCHOOL**

98 Raider Road

North Brunswick, NJ 08902

# *From the North:*

1. **GS Parkway**
	1. Take the Garden State Parkway South to Exit 130 (Route 1 South). Stay on Route 1 South for approximately 12 miles.
	2. You will see an exit for Route 130 South/Georges Road. Take the exit that goes across Route 1. This is Georges Road. Make a right at the second traffic light. This is Raider Road. At the end of Raider Road, you will see the school in front of you. Park in the lot on your right.
2. **NJ Turnpike**
	1. Take the NJ Turnpike South to Exit 9. Bear right after the toll and get on Route 18 North. The immediate first exit is for Route 1 South-Trenton. Take that exit. Continue on Route 1 South for approximately 3 –4 miles.
	2. Same directions as in I (b)

***From the South:***

1. **From GS Parkway**

* + 1. Take the Garden State Parkway North to Exit 129/ NJ Turnpike. Take the Turnpike South to Exit 9. Bear right after the toll and get on Route 18 North. The immediate first exit is for Route 1 South-Trenton. Take that exit. Continue on Route 1 South for approximately 3 –4 miles.
		2. You will see an exit for Route 130 South/Camden. Take the exit that goes across Route 1. This is Georges Road. Make a right at the second traffic light. This is Raider Road. At the end of Raider Road, you will see the school in front of you. Park in the lot on your right.
1. **From NJ Turnpike**
	* 1. Take the NJ Turnpike North to Exit 9. Bear right after the toll and get on Route 18 North. The immediate first exit is for Route 1 South-Trenton. Take that exit. Continue on Route 1 South for approximately 9 miles.
		2. Follow the directions as in I(b)

##### EVENT SCHEDULE FORM (Classes 11-13, 20 and 40 -58)

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**EVENT SCHEDULE FORM (CP Classes 31 - 38)**



**EVENT REGISTRATION (ALL CLASSES)**

### SWIMMING

***Check the appropriate events you wish to compete in to a maximum of seven (7) events. Only one (1) Individual Medley event (IM) can be selected.***



**EVENT REGISTRATION ALL CLASSES) cont’d**

### WEIGHTLIFTING

Weight in pounds (lbs.) \_\_\_\_\_\_\_\_

Weight in kilograms (kg.) \_\_\_\_\_\_\_\_\_\_\_

*(to calculate weight in kilograms, take weight in lbs and divide by 2.2)*

Powerlift Press [ ]

### TABLE TENNIS

CLASSIFICATION (TT1 – TT11)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Open Singles [ ]

Open Doubles [ ]

*If you are playing doubles, please indicate the name of your doubles partner* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Class Events may also be held based on the number of competitors in each classification

**E. ARCHERY**

CLASSIFICATION: (W1, W2, Standing) : \_\_\_\_\_\_\_\_\_\_\_

BOWTYPE (CHECK ONE): Compound [ ]  Recurve [ ]

Do you use a bowstand? Yes [ ]  No [ ]

( Archery event may be limited or cancelled dependent upon number of registrants.)

**Junior Masonic Wheelchair Meet June 5, 2016**

**Junior Track Relay Team Application**

TEAMNAME:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_COACH:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*\*\* Please note: Athletes must run in the order listed below

|  |  |  |  |
| --- | --- | --- | --- |
| ATHLETE NAME | CLASS | SEX | POINTS |
|  |  | [ ]  Male [ ]  Female |  |
|  |  | [ ]  Male [ ]  Female |  |
|  |  | [ ]  Male [ ]  Female |  |
|  |  | [ ]  Male [ ]  Female |  |
| TOTAL POINTS |  |  |  |

EVENT: \* [ ]  Male [ ]  Female [ ]  Mixed

4 X 100: Points: [ ]  10 [ ]  20 [ ]  30

800 Medley: Points [ ] 30 [ ] 40 [ ]  50

4 X 400: Points

There will be three types of relay teams; *all male, all female and mixed.* Points will be assigned to each team member in accordance with the following table(s):

1. WHEELCHAIR CLASSES

|  |  |  |  |
| --- | --- | --- | --- |
| Age Division | Classes T31/32, T51/52 | ClassesT34, T53 | Class T 54 |
| U7/U11 | 1 | 2 | 3 |
| U14 | 2 | 4 | 6 |
| U16/U18 | 3 | 6 | 9 |
| U20/U23 | 4 | 8 | 12 |

**4 x 100: 10 – 20 -30 point teams**

**100 + 100 + 200 + 400: 30 -40 point teams 800medley**

1. AMBULATORY CLASSES

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Age Division | Class T35 | Classes T36, T41/42 | Classes T11, T37/38, T43/44 | Classes T12/13, T20, T45/46 |
| U7/U11 | 1 | 2 | 3 | 4 |
| U14 | 2 | 4 | 6 | 8 |
| U16/U18 | 3 | 6 | 9 | 12 |
| U20/U23 | 4 | 8 | 12 | 16 |

**4 x 100: 10 – 20 – 30 – 40 – 50 point teams**

**100 + 100 + 200 + 400: 30 – 40 – 50 point teams 800 medley**

 ***\*Competitors may enter no more than any two (2) relays. They must be different relay races (male, female, mixed, 4 x 100 or 800 medley) or point value***

**Junior Masonic Wheelchair Meet June 4, 2016**

**SWIM RELAY TEAM APPLICATION**

# TEAM NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

COACH: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |
| --- | --- | --- | --- |
| Athlete Name | Class | Sex (Circle) | Points |
|  |  | F - M |  |
|  |  | F – M |  |
|  |  | F – M |  |
|  |  | F – M |  |
| Total Points |  |  |  |

EVENT:\* Male ( ) Female ( ) Mixed ( )

4 x 25 Points 10 ( ) 20 ( ) 30 ( )

Freestyle Relay

4 x 25 Points 15 ( ) 25 ( ) 35 ( )

Medley Relay

4 x 50 Points 30 ( ) 40 ( )

Freestyle Relay

4 x 50 Points 30 ( ) 40 ( )

Medley Relay

\**Separate Forms must be completed and filed for each event.*

### JUNIOR RELAYS

There will be three types of relay teams: all male, all female or mixed. Points will be assigned to each team member in accordance with the following table:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Age Class | S1 – 4 | S5 – 6 | S7 – 8 | S9 - 10 |
| U7/U11 | 1 | 2 | 3 | 4 |
| U14 | 2 | 3 | 4 | 5 |
| U16/U18 | 3 | 4 | 6 | 8 |
|  |  |  |  |  |
| U20/U23 | 4 | 6 | 8 | 10 |

**Dinner @ North Brunswick High School**

***Saturday, June 4, 2016***

**5:30 – 7:30 PM**

Immediately following the swimming/table tennis events

Meal includes: spaghetti & meatballs, side salad, dessert and beverage

 Please indicate on your online registration form as to how many athletes/guests will attend.

(Dinner is complimentary).

If you have a food allergy, please contact Ralph Armento at [ralph461@msn.com](file:///C%3A%5CUsers%5CRalph%5CDocuments%5CMy%20Documents%5CTri-State%20Information%5CRegional%20Meets%5CMasonic%20Meet%20Info%5C2014%20Masonic%20Regional%20Meet%5Cralph461%40msn.com) or at 732-422-9094 and we will do our best to accommodate you.